

Los Angeles Southwest College

Upward Bound-Fremont Program

TRIO

U P W A R D B O U N D

A TRiO Program funded by the:

U.S. Department of Education

www.ed.gov/programs/trioupbound

www.lasc.edu

Please Return Completed Packet to:

Ms. Martha Madriz
madrizmc@lasc.edu
(323) 989-2210
(323) 241-5317
(323) 241-5373

Los Angeles Southwest College
Student Service Building, Rm. 207
1600 w. Imperial Hwy
Los Angeles, CA 90047

Fremont High Sc.,ool
CC1 # 4 (Former Title I Office)



Stay Connected!

Search for: FremontLASCUBP

Los Angeles Southwest College
Upward Bound-Fremont Program

1600 West Imperial Hwy, Los Angeles, CA 90047 (323) 241-5317

A message to the Applicant,

The Upward Bound Office at Los Angeles Southwest College is proud to be able to provide a college preparatory program for Fremont High School students. Upward Bound-Fremont is an engaging educational program that prepares low-income, first-generation high school students for college. Program services include one-on-one academic advising, assistance with submission of college and financial aid applications, tutoring, college campus visits, cultural activities and a summer academic program. These services are offered at NO COST to eligible students and continue until you graduate from high school. Upward Bound-Fremont provides an opportunity for success for those who are selected for participation and who are willing to dedicate themselves to hard work and commitment to the project. The goal of the Upward Bound-Fremont Program is to prepare YOU for college success and to evaluate our program, Upward Bound is required to track students as they transition to post secondary education.

We hope that you will consider joining our Upward Bound family and maintaining a commitment to your educational excellence.

Sincerely,

Martha Madrid

Upward Bound- Fremont Program

Los Angeles Southwest College

mmadridmc@lasc.edu
(323) 241-5317

Los Angeles Southwest College
Upward Bound-Fremont Program

1600 West Imperial Hwy, Los Angeles, CA 90047 (323) 241-5317

Un mensaje para el candidato(a),

La Oficina de Upward Bound de Los Angeles Southwest College está orgulloso de poder proporcionar un programa de preparación a la universidad para estudiantes de la secundaria de Fremont. Upward Bound-Fremont es un programa educativo que prepara a los estudiantes de bajos ingresos o que potencialmente sean, estudiantes universitarios de primera generación. Los servicios del programa incluyen asesoramiento académico individual, ayuda al completar solicitudes para la universidad y para ayuda financiera, visitas a universidades, actividades culturales y un programa académico de verano. Estos servicios se ofrecen sin costo a los estudiantes y continúan hasta que se gradúen de la escuela secundaria.

Upward Bound-Fremont ofrece una oportunidad de éxito para aquellos que son seleccionados y que están dispuestos para dedicarse a esforzarse y se comprometen al programa. El objetivo del programa Upward Bound-Fremont es prepararte para el éxito en la universidad y para evaluar nuestro programa es necesario que Upward Bound-Fremont realice un seguimiento de cada estudiante hasta que se gradúen de la universidad.

Esperamos que consideres unirte a nuestra familia de Upward Bound y estés comprometido a la excelencia educativa.

Sinceramente,

Martha Madriz

Upward Bound- Fremont Program
Los Angeles Southwest College

madrizmc@lasc.edu
(323) 241-5317

Application Checklist

Remember the following before turning-in your application:

- Only *fully* completed applications can and will be considered.
- All letters of recommendation *must* be included in the application.
- A copy of last year's Income Tax *must* be included with the application.
 - If your parents do not file, a completed Self-Disclosure letter must be submitted.

Complete applications consist of the following items:

- ___ Student's Personal information & Needs Assessment signed by student
- ___ Signed Family Background and Income Verification (*disponible en Español*)
- ___ Autobiography.
- ___ Consent for Release of Academic Records/ Video Release Form (*disponible en Español*)
- ___ Student Agreement initialed and signed by student
- ___ Parent/Guardian Agreement initialed and signed by parent/guardian (*disponible en Español*)
- ___ One (1) letter of recommendation from a school counselor (form attached).
- ___ One (1) letter of recommendation from an academic subject teacher (form attached).
- ___ School Transcript (unofficial).
- ___ Copy of last year's income tax forms (or Signed Self- Disclosure Form if your parents do not file).

NOTE: Make sure that both the student and parent/guardian sign the application as directed.

Requests for school transcripts may take a few days to be processed, please notify school with time in order to have transcripts submitted with completed application.

Also, because there are only a limited number of students admitted to this program, a complete application is mandatory. Don't miss out!

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Lista de Requisitos para la solicitud

Recuerde lo siguiente antes de entregar su solicitud:

- Sólo estudiantes que entregan una solicitud totalmente completada pueden ser considerados
- Todas las cartas de recomendación deben ser incluidas en la solicitud.
- Una copia del formulario de Impuestos (“formas del Income Tax”) del año pasado debe ser incluida.

- ***Si no están disponibles los formularios de impuestos*** la carta de verificación de ingresos debe estar completa y firmada.

Una solicitud completa consiste en lo siguiente:

- ___ Información Personal del estudiante y la evaluación de necesidades del estudiante
- ___ Información de familia y verificación de ingresos*
- ___ Autobiografía.
- ___ Consentimiento para el uso de Información*
- ___ Acuerdo de Estudiante iniciado y firmado por el estudiante
- ___ Acuerdo de padres inicializado y firmado por padres*
- ___ 1 (Una) carta de recomendación de un consejero de la escuela (formulario adjunto).
- ___ 1 (Una) carta de recomendación de un maestro de clase académica (formulario adjunto).
- ___ Archivo estudiantil de la escuela (no oficial).
- ___ Copia del formulario de impuestos del año pasado (o si el formulario no esta disponible, la carta de verificación de ingresos debe estar completa y firmada)

*Formas marcadas con * están disponibles en español.*

NOTA: Asegúrese de que el estudiante y los padres firman la solicitud como se indica.

La escuela pueden tomar unos días para procesar una solicitud de archivo estudiantil, por favor notifique a la escuela con tiempo para tener esta información lista para presentar con la solicitud.

Debido a que hay solo un hay sólo un número limitado de alumnos admitidos al programa Upward Bound-Fremont, la entrega de una completa aplicación es obligatoria.

Regrese la aplicación a:

Martha Madriz
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¡Siguenos!

Busca: FremontLASCUBP

Student's Personal Information - Please print clearly in Black or Blue ink

Name: _____ Last _____ First _____ Middle _____
Address: _____ Street & Apartment # _____ City _____ Zip Code _____

SSN# _____ Date of Birth: _____ / _____ / _____ M D Y Gender: Male Female

Are you a U.S. citizen? Yes No If No, Please Specify: _____

Are you a Resident Alien? Yes No Alien Resident Number: _____

Home Number: _____ Cell Number: _____ Student's Email: _____

Emergency Contact: _____ Relationship: _____ Phone Number: _____

Ethnic Background: (Check)

- Black/ African American Native American/Alaskan Native
- Asian/Asian American White/Caucasian
- Pacific Islander/Native Hawaiian Hispanic/Latino
- Other, Specify _____

Do you have any physical condition or disability that requires special treatment or other considerations? Yes No
If yes, please explain: _____

Are You Employed? Yes No If Yes, Where? _____ Hours per Week: _____

Current grade level: _____ High School: _____ Counselor's Name: _____

What was your grade point average (GPA) at the end of last semester? _____

How did you find out about the Upward Bound program? _____

Have you ever been a member of the Upward Bound Program? Yes No

Do you participate in any other tutoring programs? Yes No

If Yes, What program(s)? _____

Please list, in order of preference, the careers or occupations you are most interested in:

- 1) _____ 2) _____ 3) _____

Please indicate the type of training/education that you are interested in after you complete high school:

- 2 year College/University Armed Forces
- 4 year College/University Undecided
- Vocational/Technical school Other, Specify _____

Office Use Only

Received by: _____

Date: _____

Reviewed by: _____

Date: _____

Student's Needs Assessment (to be completed by student)

Please check all the academic areas in which you need tutoring/assistance (check all that apply):

English/Literature Mathematics Science Other: _____
 Foreign Language Reading Social Studies/History

Do you need the following information? (check all that apply).

- How to met high school graduation requirements
- Strategies to be a successful student
- Strategies to pass the California High School Exit Exam (CAHSEE)
- How to apply for free financial aid (FAFSA) for college
- How to apply to college
- How to find and apply for scholarships
- How to prepare for college entrance exams (ACT & SAT)
- The difference between CSU, UC, community college and private universities
- UC/CSU entrance requirements
- Other (please list): _____

Rate your need for Upward Bound to help you with the following:

	No Need	Some Need	Strong Need
Improving my self-esteem			
Building strong study skills			
Help prepare for tests			
Improving my communication skills			
Passing the CAHSEE exam			
Improving my grades			
Learning how to better manage my time			
Developing new interests			
Exploring career options			
Choosing a college major			
Exploring college options			
Exploring ways to pay for college			
Visiting college campuses			
Learning about other cultures			
Visiting new places			
Other (please list):			

Please list three universities you would like to visit or learn more about.

1. _____
2. _____
3. _____

Student Name: _____ Student Signature: _____ Date: _____

Family Background (*Disponible en Español*)

Applicant's parent(s) or guardian(s): Please provide the following information in order for us to better evaluate your child's eligibility for Upward Bound.

Father's Name: _____ Occupation: _____

(If guardian) Relationship to student: _____

Home Address: _____ Street & Apt # _____ City _____ Zip _____

Home Telephone: _____ Cell phone: _____

Are you a college graduate? Yes No If YES, indicate college attended and degree attained: _____

If NO, indicate highest grade level completed: 1 2 3 4 5 6 7 8 9 10 11 12 HS Diploma Yes No

Mother's Name: _____ Occupation: _____

(If guardian) Relationship to student: _____

Address: _____ Street & Apt # _____ City _____ Zip _____

Home Telephone: _____ Cell phone: _____

Are you a college graduate? Yes No If YES, indicate college attended and degree attained: _____

If no, indicate highest grade level completed: 1 2 3 4 5 6 7 8 9 10 11 12 HS Diploma Yes No

Please list all dependent children and adults living at home:

Begin with Applicant (Attach additional names on separate page if necessary)

Name	Age	Relationship to Applicant
		Applicant

Income Verification (*Disponible en Español*)

Parent(s)' taxable income for 2012 \$ _____ (From 2012 U.S. Income Tax Return, enter the amount from Form 1040, line 43; line 27 for 1040A form; line 6 for 1040EZ form). *Attach a signed copy of your 2012 income tax return.*

If tax forms are unavailable, complete the following:

My child (print student's name) _____ has applied to the Upward Bound Program. I am submitting this letter, which will verify my income for the year (print previous year) _____.

During that time the approximate total family income was \$ _____. This figure includes AFDC, unemployment, Social Security and any other benefits received during that year.

Including myself, there were _____ persons living in my household during that same year.

I certify that the above is true and correct.

Parent/Guardian Name: _____ Parent/Guardian Signature: _____ Date: _____

I hereby attest that all information in this application is true and correct. I also understand that a false statement or misrepresentation will make the applicant ineligible for the LASC Upward Bound-Fremont Program.

Student Name: _____ Student Signature: _____ Date: _____

Parent/Guardian Name: _____ Parent/Guardian Signature: _____ Date: _____

Información sobre Padres/Guardianes

Padres o guardianes: Por favor proporcione la información siguiente. Esta nos ayudara a evaluar mejor la elegibilidad de su niño para el programa Upward Bound.

Nombre del Padre/ Guardián: _____ Ocupación: _____
 (Si es guardián) parentesco con el estudiante: _____

Domicilio: _____ Calle _____ Ciudad _____ Código Postal _____

Teléfono de hogar: _____ Teléfono Celular: _____

¿Padre/tutor obtuvo un Título Universitario? Si No Si contestó, SI indique la universidad y el título: _____
 Si contestó NO, cual es el nivel de educación más alto logrado: 1 2 3 4 5 6 7 8 9 10 11 12
 Diploma de secundaria Si No

Nombre del la madre/Guardián: _____ Ocupación: _____
 (Si es guardián) parentesco con el estudiante: _____

Domicilio: _____ Calle _____ Ciudad _____ Código Postal _____

Teléfono de hogar: _____ Teléfono Celular: _____

¿Madre/tutora obtuvo un Título Universitario? Si No Si contestó, SI indique la universidad y el título: _____
 Si contestó NO, cual es el nivel de educación más alto logrado: 1 2 3 4 5 6 7 8 9 10 11 12
 Diploma de secundaria Si No

Por Favor indique todos los niños dependientes y adultos que viven en el hogar
 Comience con el Candidato (Anote nombres adicionales en una página separada si es necesario)

Nombre	Edad	Parentesco con el Estudiante
		Candidato

Verificación de Ingresos de Familia

Ingresos Familiares Anuales: \$ _____ (anote la cantidad encontrada en su Declaración Federal de Impuestos del 2012; línea 43 del formulario 1040, línea 27 del formulario 1040A, línea 6 del formulario 1040EZ). **Adjunte una copia firmada de su declaración de impuestos del 2012.**

Si no están disponibles los formularios de impuestos, complete lo siguiente:

Mi hijo (nombre del estudiante) _____ ha aplicado el programa Upward Bound. Por medio de

esta carta verifco mis ingresos para el año (año anterior) _____.

Durante ese tiempo, el ingreso total de my familia (total family income) fue aproximadamente \$ _____. Esta cifra incluye AFDC, desempleo, Seguro Social y otros beneficios recibidos durante el año.

Yo mantuve a _____ personas (yo mismo(a) y dependientes) en mi hogar durante ese mismo año.

Certifico que lo anterior es verdadero y correcto.

Nombre de Padre/ Guardián: _____ Firma de Padre/Guardián: _____ Fecha: _____

Por la presente testifico que toda la información en esta solicitud es verdadera y correcta. También entiendo que una declaración falsa hará el solicitante inelegible para el programa Upward Bound-Fremont de LASC.

Nombre del Estudiante: _____ Firma de Estudiante: _____ Fecha: _____

Nombre de Padre/Guardián: _____ Firma de Padre/Guardián: _____ Fecha: _____

Autobiography

Write a 3-5 paragraph autobiography. You may want to address any of the following topics:

1. Childhood (Birth/family/Home Life/Early Education)
2. Education (School(s)/Extracurricular Activities/Church)
3. Achievements (Awards/Certificates/Accomplishments)
4. Jobs/Volunteer/Hobbies
5. Describe Yourself (Personality/Attitude/Etc.)
6. Future Plans (Life Goals and Dreams/Career Plans/Etc.) Include the UB Program and how the program will assist you with your plans

Consent for Release of Academic Records/Video *(Disponible en Español)*

I, _____ Parent/Guardian of _____ hereby grant my permission for the Los Angeles Southwest College Upward Bound Program to obtain any and all of my child's academic records including but not limited to high school transcripts, standardized test scores, teacher evaluations and any and all future college transcripts and records.

I understand that these records will only be used internally by the project on an individual basis. I also understand that compiled records on a group basis may include any and all of these records. Compiled information will be used to meet federal regulations of program evaluations.

None of my child's individual records will be released to any person, corporation, or present or future employer.

It is also understood that by signing this form, permission is granted for the Upward Bound-Fremont Program to use photos or video of my child's participation in program activities on program brochures and website.

Student Signature _____ Date _____ Parent/Guardian Signature _____ Date _____

Consentimiento para el uso de información

Yo, _____ padre/tutor de _____ por este medio concedo mi permiso para que el Programa Upward Bound de Los Angeles Southwest College pueda obtener cualquiera y todos los expedientes académicos de mi niño incluso, pero no limitado a transcripciones de escuela secundaria (high school transcripts), calificaciones de las pruebas estandarizadas, evaluaciones de maestros y cualquiera y todas las futuras transcripciones de colegio y archivos universitarios.

Entiendo que estos archivos sólo serán usados internamente por el programa Upward Bound en una base individual. También entiendo que los archivos compilados en una base de grupo pueden incluir cualquiera y todos estos archivos. La información compilada será usada para cumplir reglamentos federales y para evaluaciones del programa Upward Bound. Ninguno de los archivos individuales de mi niño será proporcionado a personas no empleadas por el programa, ni a ninguna corporación, o empleador presente o futuro.

También se concede permiso para utilizar fotos y video de la participación de mi hijo en las actividades del programa Upward Bound en la página web y folletos del programa.

Firma del Estudiante _____ Fecha _____ Firma de Padre/Guardián _____ Fecha _____

Parent Agreement (*Disponible en Español*)

(Must be completed by the Parent/Guardian: Initial each statement and sign below)

I, _____ Parent/Guardian of _____ agree to the following:

1. I fully support my child's application for admission into the Upward Bound-Fremont Program.
2. I will attend an interview and any subsequent required academic advisory meetings with my child.
3. I will make sure that my child attends every tutoring session and activity of the Upward Bound-Fremont Program.
4. I will stay informed of my child's progress in school and Upward Bound.
5. I will participate in events in which parents are invited.
6. I will share concerns about my child's education with the Upward Bound-Fremont staff.
7. I support the mission of the Upward Bound-Fremont Program and will make it a priority to assist my child in his/her education.
8. I understand the Upward Bound prefers that students do not work during the summer session except for extreme cases only and with the permission of the Director or Coordinator/Counselor.

Parent/Guardian Signature _____ Date _____

Student Agreement

(Must be completed by the Student; Initial each statement and sign below)

I, _____, agree to the following:

1. I will attend every tutoring session and activity of the Upward Bound Program (UBP).
2. I understand that there are no unexcused absences at my high school; I will attend all classes as scheduled.
3. I understand that UBP will have access to my academic files (i.e. grade reports, transcripts, weekly progress reports, etc.)
4. I am aware that my academic and personal progress will be monitored by the UBP staff through contact with high school teachers, counselors, and administrators.
5. I will complete all class work assigned to me by the UBP instructors. I will complete assignments on time (unless prior arrangements have been made.)
6. I will be prepared for each tutoring session. Adequate preparation includes regular class attendance, completion on class assignments, weekly progress reports, current events, and a list of challenging areas to be worked on.
7. I will attend the entire summer component. I understand that attendance is mandatory.
8. I will carry myself in a courteous and respectful manner. Disruptive behavior and violations of the rules will not be tolerated.
9. I will not use drugs or alcohol. Violation of this policy will result in immediate intervention and/or possible expulsion from UBP.
10. I will practice tolerance and cooperation when interacting with others in UBP academic and social activities.
11. I will keep my parent(s)/guardian(s) aware of my participation and commitment to Upward Bound.
12. I am committed to going to college and getting a degree.

Student Signature _____ Date _____

Contrato de Padres

(Padre o Tutor: Favor de iniciar cada declaración y firme abajo)

Yo, _____, padre de _____ estoy de acuerdo con lo siguiente:

- ___ 1. Apoyo plenamente la aplicación de mi hijo(a) para admisión en el programa Upward Bound-Fremont
- ___ 2. Asistiré a una entrevista inicial y a cualquier reuniones de asesoramiento académicas requeridas con mi hijo(a).
- ___ 3. Me aseguraré de que mi hijo(a) asista a cada sesión de tutoría y la actividad del programa Upward Bound-Fremont.
- ___ 4. Me mantendré informado del progreso de mi hijo(a) en la escuela.
- ___ 5. Participare en los eventos en que los padres están invitados.
- ___ 6. Voy a compartir preocupaciones sobre la educación de mi hijo(a) con el personal de Upward Bound-Fremont.
- ___ 7. Apoyo a la misión del programa Upward Bound-Fremont y hare una prioridad para ayudar a mi hijo(a) en su educación.
- ___ 8. Entiendo que Upward Bound prefiere que los estudiantes no trabajen durante el verano, excepto en casos extremos y solo con el permiso del Director o Coordinador del programa.

Firma de Padre/Guardián _____

Fecha _____

Upward Bound-Fremont Program Counselor Recommendation Form

Student's Name: _____ School ID # or DOB: _____

Note: A recommendation from your counselor is required.

Dear Counselor: The student named above is applying to the Upward Bound-Fremont Program. Upward Bound is an engaging educational program that prepares low-income first-generation high school students for college. Program services include one-on-one academic advising, tutoring, college campus visits, cultural activities and a summer program. Upward Bound also includes parent workshops. These services are offered at no cost to parents or students. Please take the time to complete these questions to better assist the program with the selection process. Thank you!

Student: _____ Counselor: _____

Grade: _____ Entry Date: _____ Magnet Program: Yes _____ No _____ Track _____

Expected Date of Graduation: _____ Cumulative G.P.A.: _____

Assessments:

Test	Test Date	Score	Grade Level
PSAT			
SAT			
ACT			
Stanford 9			
CAHSEE			

Is the applicant "on track" to graduate with his/her class? YES NO

Does the applicant have attendance problems? YES NO

Does the applicant have a discipline problem at school? YES NO

Upward Bound participants should have the ability to succeed in post-secondary school even though they may not now be demonstrating all of the characteristics of successful students. Please rate this by circling the appropriate response to these statements.

1-Strongly Disagree 5 Strongly Agree

1. Expresses interest in academic endeavors	1	2	3	4	5
2. Has initiative and intellectual curiosity	1	2	3	4	5
3. Demonstrates responsible behavior	1	2	3	4	5
4. Has a good attendance/punctuality record	1	2	3	4	5
5. Cooperates with school staff	1	2	3	4	5
6. Is dependable and reliable	1	2	3	4	5
7. Relates well with peers	1	2	3	4	5
8. Demonstrates the motivation/desire to attend college	1	2	3	4	5
9. Demonstrates leadership capabilities	1	2	3	4	5

Continues on back



Upward Bound-Fremont Program Teacher Recommendation form

Student's Name: _____ School ID # or DOB: _____

Note: A recommendation from an academic subject teacher is required.

Dear Teacher: The student named above is applying to the Upward Bound-Fremont Program. Upward Bound is an engaging educational program that prepares low-income first-generation high school students for college. Program services include one-on-one academic advising, tutoring, college campus visits, cultural activities and a summer program. Upward Bound also includes parent workshops. These services are offered at no cost to parents or students. Please take the time to complete these questions to better assist the program with the selection process. Thank you!

Teacher: _____ Subject: _____ Length of Time you've known student: _____

1. Based on your Knowledge of the applicant, check how you rate his/her academic skills

	Outstanding	Above Average	Average	Needs Improvement
Academic Achievement				
Writing Skills				
Reading Skills				
Math Skills				
Academic Potential				
Time Management				
Critical Thinking				
Study habits				

2. Upward Bound participants should have the ability to succeed in post-secondary school even though they may not now be demonstrating all of the characteristics of successful students. Please rate this by circling the appropriate response to these statements.

1-Strongly Disagree 5 Strongly Agree

1. Expresses interest in academic endeavors	1	2	3	4	5
2. Has initiative and intellectual curiosity	1	2	3	4	5
3. Demonstrates responsible behavior	1	2	3	4	5
4. Has a good attendance/punctuality record	1	2	3	4	5
5. Cooperates with school staff	1	2	3	4	5
6. Is dependable and reliable	1	2	3	4	5
7. Relates well with peers	1	2	3	4	5
8. Demonstrates the motivation/desire to attend college	1	2	3	4	5
9. Demonstrates leadership capabilities	1	2	3	4	5

3. Additional Comments (if needed, use space on the back): _____

4. Overall Recommendation: () Not Recommended () With Reservations () Strongly () Enthusiastically

Teacher Signature: _____ Date: _____

Thank you for your help! Please place completed form in a sealed envelope and return to student.